La Oportunidad, Inc.



Why Our Work Matters

For over 30 years, La Oportunidad has responded to critical community needs by providing programs for low-income, under-served Latinos of all ages. The mission of La Oportunidad is to champion the development of Latino individuals and families to create a strong, peaceful community. Since 1987, we have provided bilingual and culturally relevant family-centered programs for Latino children, youth, adults and families.

The goal of La Oportunidad is to address the interconnected issues that impact underserved Twin Cities Latinos and which result in significant educational achievement gaps, high poverty rates, and high rates of domestic abuse. Our critical role in closing the achievement gap and breaking the cycles of violence and poverty positively impacts the Latino community. Specifically, La Oportunidad impacts hundreds (**689 in 2023**) of Latino individuals and families in the community each year by:

- ~ Fostering social and emotional development in youth and preparing them for successful educational and career pathways.
- ~ Providing parents with the tools to support their children's development and paths to success.
- ~ Empowering individuals and families to live violence-free and engage meaningfully in their communities.

Outcomes and indicators for each program are found on subsequent pages of this report.

We Can't Do it Alone!

Our organization enjoys of many strategic partnerships to do our work. In addition to the supporters recognized on subsequent pages, other key partners include:

Minneapolis Public Schools: La Oportunidad has partnered with the Minneapolis Public Schools Community Education Department since 1999. In partnership with 21st Century Community Learning Centers, as a certified Community Learning Partner with the district, La Oportunidad provides effective after school education, enrichment, engagement and cultural programming that complement the regular academic program in order to help students achieve, connect and thrive.

In 2023 La Oportunidad offered programs at various schools listed on the next page.

Partners in 2023 Include:

Schools:

Andersen United Middle School
Benilde-Saint Margaret's School
Fairview Alternative High School
Green Central Elementary School
Lincoln International High School
Park Center Senior High School
Roseville Area High School
Roseville Area Middle School
Thomas Edison High School
Washington Tech. Magnet High School
Washington Tech. Magnet Middle School

Other Partners:

Educational Credit Management Corporation,
The College Place
Metro State University
Minneapolis Community & Technical College,
Office of Equity & Inclusion
University of Minnesota, Admissions Department
Urban Ventures
Youth Intervention Programs Association



Financial Support:

Foundation & Corporate:

Elmer & Eleanor Andersen Foundation The Better Together Fund Otto Bremer Foundation Patrick & Aimee Butler Family Foundation **Catholic Community Foundation** Charities Aid Foundation Exchange Club of East Minneapolis **Kopp Family Foundation** Mall of America **Marbrook Foundation** Local McDonald's Owner/Operators Minneapolis Foundation Casey Albert T. O'Neil Foundation **Sexton Family Foundation** James R. Thorpe Foundation UnitedHealth Group Warren Foundation

Government:

Hennepin County MN Department of Public Safety Dakota County

Individual Donors:

Dean A. & Debra A. Armstrong Eloisa Echavez Brian Grande Anne Knauff Maria Padilla Mr. and Mrs. Anthony Parr Maria Ramirez Johnson John L. Romano

A Message from the Board President and the Executive Director

Dear friends and supporters of La Oportunidad,

We are very proud to share with you this report of our accomplishments and their impact in the community. Our critical role in closing the achievement gap and breaking the cycles of violence and poverty has had a significant impact in the lives of those we serve. In 2023, we served 689 Latino youth, adults, and families; 133 more than in the previous year. This major increase was to meet the needs of our burgeoning Latino community in the Twin Cities.

We also expanded the capacity of our youth programs by serving a greater number of youth and offering them additional leadership enrichment activities and community involvement opportunities. A team of these youth planned all aspects of our Annual Latinx Youth Leadership Conference, attended by 260 youth and 25 educators.

We are very grateful to our partners, financial supporters, volunteers, youth, board, and staff; all of whom contribute to the advancement of our vision of a community in which all Latinos — whether long-term residents or new arrivals -thrive and contribute to the strength of the greater community. As our Latino community continues to grow faster than ever, we appreciate even more your support in accomplishing our mission of championing the development of Latino individuals and families to create a strong, peaceful community.

With deep gratitude,

Aldo Rubio Lopez and Eloisa Echavez

Current Board of Directors

Aldo Rubio Lopez, President Planner Buyer, Xcel Energy

Anne Knauff, Vice-President Retired Design Manager

Brian Grande, Secretary Data Lead, UnitedHealth Group

Humberto Olivares, MBA, Treasurer Sr. Private Wealth Portfolio Specialist, Wells Fargo Private Bank

Maria Padilla

Community Connect, Centro Tyrone Guzman

Key Staff

Eloisa Echávez, Executive Director

Adrian Diaz, Special Projects Consultant

Teo Nuñez, Latinos Ending Abuse Program & Parents Program Coordinator

Jill Spurgeon, Finance Coordinator

Franklin Zumba, Youth Programs Coordinator & Leadership Conference Coordinator



Current Board Advisors

Bernice Arias

Manager, Contact Center Operations at Allina Health

Pamela Barragán

Commander, St. Paul Police Department

Linda Freemon

Retired (Health Industry)

María Ramírez Johnson

Retired Teacher, Minneapolis Public Schools

2023 Interns & Volunteers

College Interns:

Adriana Hernandez Cruz Cody S Oesterreich

Youth Volunteers:

Gabby Alvarado

Angelica Calle

Ximena Calle

Sophia Hoffman

Rodrigo Jimenez

Wesley Jimenez

Regina Marina

Katherine Mulgrew

Ciara Palacios

Emily Palacios

Alondra Rivas

Kerly Rvivar

Jefferson Uyaguari

Jessica Villareal Juarez

Rosa Estefania Yunga Ayavaca

Victoria Zamorano

Corporate/Community Volunteers:

Ana M, Ariel C, Brittany C, Darma V, Diana V, Cesar M, Emilio C, Geanella O, Gloria L, Heidi G, Irene M, Isabel L, Jason C, Jonathan, Marcela R, Nelson M, Nicolas C, Pamela A, Paola S, Sofia P.

Youth Programs

La Oportunidad Youth Programs' goal is to close the achievement gap through a comprehensive approach, which includes providing them with the education, life-long skills development, tools, and connections needed to lead and succeed in the 21st century and by supporting and empowering them to reach their full potential. In partnership with school districts and community organizations, our programs serve around 300 low-income Latino immigrant youth each year through its various programs and special activities described below.

For over 30 years, we have worked successfully with schools, families, and the community to close educational achievement gaps and eliminate cycles of violence and poverty. Through bilingual, culturally competent school-based and student-centered programs Latino youth gain a plan of action to pursue higher education, an introduction to career pathways, work-readiness skills, leadership skills and community involvement. Program activities include after-school group sessions that support and empower youth and young adults to develop the skills, tools and connections needed to complete high school, pursue a post-secondary education and/or launch a career path.

In 2023, the youth programs served a total of 431 youth through our school-based weekly/bi-weekly groups, Leadership-Mentorship Community Engagement Academy, and one-on-one sessions. Main program outcomes include:

75% Identified a career path that matches their strengths and interests

80% Identified required education and skills needed to pursue their career path

78% Developed a basic plan to fulfill their short and long-term educational and career goals

80% Identified a mentor who can support them

83% Increased capacity for leadership and/or ability to make a positive contribution to their community.



Annual student-led Latino Youth Leadership Conference

The conference's planning team is the heart and soul of this annual successful event. The Team is comprised of 15 students, mentors, and a Lead Conference Coordinator from our organization, who meet from November to May to plan all aspects of this unique event. Their overall goal is to plan an engaging and inspiring event for young Latinxs. **On May 19, 2023, 260 students and 25 educators** from various schools gathered at our Annual Latinx Youth Leadership Conference that took place at the Minneapolis Community & Technical College (hosted by their department of Equity & Inclusion). This year's event theme was: How to Deal with Loneliness and Live Happily. This theme was chosen after conducting a survey with the students at the various schools our organization provides its youth programming.

The event offered twelve workshops, eleven designed specifically for students (mental health) and one tailored for educators (on schools' inclusiveness). All of these workshops were facilitated by Latinx professionals and community leaders. These workshops played a crucial role in various domains, including personal growth and development, and in creating inclusive/welcoming schools' environment. They offered a structured and interactive learning environment where Latino/Latinx students and educators actively engaged, collaborated, were empowered, and developed a plan of action to implement in their schools, home, and their community. The conference also showcased two talented performer Latinx groups (Perro Solar music group and a Colombian dance group, Grupo de Danzas Colombianas de Minnesota) who captivated the audience with their vibrant acts. Overall, this successful event provided a platform for education, cultural celebration, engagement and empowerment.



Youth Summer Program & Other Special Activities

In 2023, our organization coordinated and facilitated a number of summer activities in partnership with schools, community organizations/institutions. **Seventy-three youth** participated in this program. Activities included:

Hiking the Arcola Trail in Stillwater: On Thursday, June 29th, 17 youth had the opportunity to hike the Arcola Trail in Stillwater for the very first time.

Community Volunteer Day: On July 13th, 23 youth conducted a Clean Up Day at the Theodore Wirth Park. Students learned about the contributions we can make to the health/beauty of the community.

Volunteering at Feed My Starving Children: On July 20th, 16 youth spent the day volunteering at Feed My Starving Children. This activity taught students about giving back to the less fortunate, acts of kindness and compassion.

Attending the soccer match between Minnesota United & Chicago Fire: July 27, 20 students participated on this unique outing that taught valuable lessons about teamwork, sportsmanship, and the beauty of diversity.

Paddle boating on Como Lake: On August 3rd, 18 youth participated on this activity about team-work and the joy of being immersed in nature.

Summer Program Farewell: Celebrating Success at Square Lake: On August 10th, our 20 students celebrated the culmination of the program, the lessons and skills-learned/strengthened.



Additional enrichment, community engagement, leadership activities for youth during the school year included:

"Building a Bridge" activity: April 7, 30 students participated.

Retreat/camping trip to Schwyzer Lodge: Weekend of June 16th, 12 students participated.

Student's Talent Show: June 2nd, 21 students participated.

Minneapolis Institute of Art Fieldtrip: October 31st, 60 students participated.

Cultural Conversations: November 9th, collaboration with Lincoln International High School, 400 students participated.

Resume-Building/Mock Interview Event
Partnership: November 15th, collaboration with US
Bank, resume building and mock interview event; 10
volunteers-mentors, 17 students participated.

Metropolitan State University Campus Tour/Panel: December 5th, 35 students participated.





Parenting (Padres) Program

The Padres Program offers year-round programming to educate, support, and empower Latino parents to support their children's education. The Spanish-taught, culturally specific curriculum provides tools to raise healthy, well-adjusted children who will contribute to their communities. Additionally, the Padres program offers financial literacy lessons, community workshops, individual referrals and guidance.

In 2023, the Padres Program served 94 parents through our weekly group sessions and/or specialized workshops. Main program outcomes include:

96% Developed positive parenting skills, applied them at home, improve family relationship.

100% Increased participation in their children's education.

95% Developed a stronger parenting support system in the community.

95% Increased knowledge of personal financial management.

Why the Padres (Parents) Program Matters: According to Jose Rico, Executive Director of the White House Initiative on Educational Excellence for Latinos, when parents and school personnel work together, students' attendance increases and their academic performance improves. Additional studies show parental involvement helps children develop better social skills and become more likely to graduate from high school and continue on to higher education (NBC Latino)



Latinos Ending Abuse Program

The Latinos Ending Abuse Program (LEAP) provides year-round group programming to Latino men and women, giving them the tools, education, and support necessary to help eliminate violent behaviors in their relationships, families, and communities. LEAP participants receive education and support that addresses cultural perspectives and factors surrounding patterns of violence and abuse and learn what healthy relationships entail and how to foster them.

In 2023, LEAP served 163 Latino adults through our in-person and virtual classes/groups (as needed).

Main program outcomes include:

94% Increased understanding of the impact of domestic violence on the family.

93% Practiced concepts and skills shared in class as alternatives to violence and improved family relationships.

95% Increased knowledge of personal financial of the program.

99% Did no re-offender after completion of the program.

Why Latino Ending Abuse Program Matters: Latinos Ending Abuse Program (LEAP) addresses the need for culturally specific violence prevention and intervention education for Latino families in the Twin Cities. Latina women face barriers that other women do not face: many do not speak English well or at all, they may not have legal status in the United States, they do not understand the legal system, and they are accustomed to a culture of pervasive machismo. In addition to the impact of abuse on women, it is estimated that 40-60% of men who abuse women also abuse children (www.dvalianza. org). "Several factors, including discrimination and a lack of bilingual/bicultural staff, have led to an underutilization of domestic violence services by Latinos affected by domestic violence." (www.dvalianza. org) for undocumented immigrants, fear of deportation is a major barrier to accessing services.



Volunteer Program

The Volunteer Program welcomes volunteers of various backgrounds to partner with us. Our volunteers often co-facilitate groups with a staff member, gaining hands-on experience in lesson planning, classroom management, bilingual education and learning from the youth and adults who participate in our programs.

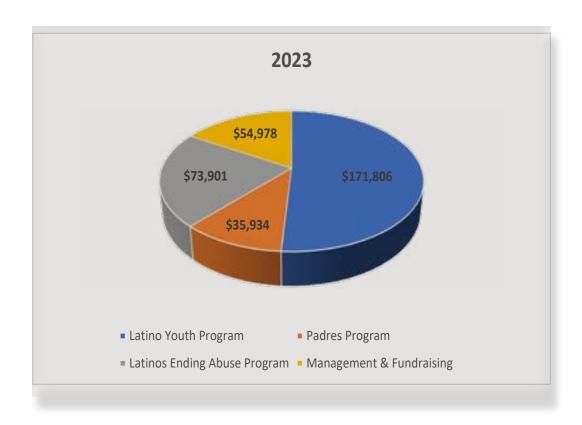
In 2023, 49 volunteers contributed over one thousand hours.

Why the Volunteer Program Matters: La Oportunidad's small staff would not have the reach and impact that we do without the partnership and commitment of our volunteers. The 1000 donated hours have a value of \$22,000 according to the Independent Sector, a nonprofit leadership network. While La Oportunidad clearly benefits from volunteers' contributions, so do program participants, who see volunteers as role models. Volunteers benefit as well, gaining valuable experiences and opportunities to interact within and strengthen a culturally diverse community.

Organizational Highlight: In late 2022, our organization applied for and was approved membership into SER (a national organization based in Texas). "For over 50 years, SER has addressed the needs of economically challenged individuals in education, job skills training, literacy and employment. SER's ultimate goal is to provide opportunities for individuals to become full and productive citizens in their communities. SER is a national, private, nonprofit organization making a positive impact on families across America. SER is the Spanish verb for "to be" and also reflects the means by which our mission is accomplished—Service, Employment, and Redevelopment. Since its inception, SER National has played a key role in the nation's workforce investment system, and is today recognized by the US Department of Labor as the "premier community-based organization serving the employment needs of the Hispanic community." This membership/partnership produced positive results during 2023.



| | 2023 | 2022 |
|-------------------------------------|-----------|-----------|
| Unrestricted Contributions & Grants | \$162,629 | \$137,582 |
| Government Service Fees | \$131,748 | \$132,843 |
| All Other Revenues | \$43,343 | \$35,783 |
| Total Support & Revenue | \$337,720 | \$306,208 |
| | | |
| Latino Youth Programs | \$171,806 | \$137,210 |
| Padres Program | \$35,934 | \$35,651 |
| Latino Ending Abuse Program | \$73,901 | \$67,015 |
| Programs Subtotal | \$281,641 | \$266,666 |
| Management & Funding | \$54,978 | \$37,783 |
| Total Expenses | \$336,619 | \$304,449 |
| Total Assets | \$492,257 | \$508,641 |
| Total Liabilities | \$18,494 | \$18,490 |
| Change in Net Assets | \$1,101 | \$1,759 |
| Beginning Net Assets | \$414,576 | \$412,817 |
| Net Assets Ending | \$415,677 | \$414,576 |





2021 East Hennepin Ave Suite 405 Minneapolis, MN 55413

2023 Annual Report

Our Mission

To Champion the development of Latino individuals and families to create a strong, peaceful community.

Our vision

A community in which Latinos –whether long-term residents or new arrivals—thrive and contribute to the strength of the greater community.



www.oportunidad.org



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